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Dear Colleagues, *Dear Friends,*

We are very happy to welcome you at the 2023 LNA winter meeting in Rome.

These meetings are, to us, a great time to exchange ideas and experiences, but also to meet friends; so, we organised it desiring to share some of the most peculiar experiences this city offers.

As accommodation, we chose a 18th century monastery designed by Borromini placed in Trastevere, the most characteristic neighbourhood of Rome. On Friday, we will have dinner in an authentic Roman family restaurant, founded 100 years ago, and on Saturday we will reach palazzo Ferrajoli in piazza Colonna, in front of the offices of the Italian Prime Minister. In its 16th century's salons, we will have a kosher dinner, following the roman-Judaic tradition, while admiring the Column of Marcus Aurelius.

You have probably already visited Rome on other occasions, so we thought to suggest a selection of tours with a tour operator: you can freely choose the activity that you haven't done yet on Sunday.

Food and wine, together with art and architecture, are the most iconic aspects of Italy and of Rome, so we invite you to get lost in the streets of the city centre, to enter randomly in all the churches you will meet on your way, eat slices of pizza, have a gelato or an aperitivo with spritz.

We have prepared for you some ideas of what to eat or to visit around the city centre that, in our opinion, you can't miss. You can use the hyperlinks to find each place on Google maps directly on your phone.

Two practical suggestions.

The traffic is horrible and crossing the streets can seem an adventure; just make eye contact with the driver to make sure he saw you and good luck!

Bring comfortable shoes, and especially for the ladies, careful with the high heels: the pavement is very bumpy!

We hope you will enjoy your stay, and do not hesitate to call us, should you need anything.

Ciao!

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How to get to the hotel

- **from Fiumicino Airport:** Taxi would be the easiest way to reach the hotel and there is a fixed fare of 48€ all included. Please avoid those who will ask if you want a taxi immediately outside the luggage claim area: there is a dedicated area outside the terminal.
Otherwise, you can take a train from the station inside Fiumicino airport to Trastevere, that is 30 minutes walking distance from the hotel, or 10 minutes with a taxi. The train leaves each 15 minutes, it takes about 30 minutes and the ticket costs 8€. Between Trastevere station and the hotel, the taxi should be about 10€.
- **from Ciampino Airport:** Taxi would be the easiest way to reach the hotel and there is a fixed fare of 30€ all included.

Where to eat:

- Dar filettaro a Santa Barbara (we suggest: filetto di baccalà - roman-style fried salt cod fillets), [Largo dei Librari, 88](#)
- Supplì Roma (we suggest: supplì alla romana – rice ball with tomato sauce and mozzarella), [Via di S. Francesco a Ripa, 137](#)
- Gelateria della Palma, [Via della Maddalena, 19-23](#)
- Forno Campo dei Fiori (we suggest: pizza and mortadella), [Campo dei Fiori, 22](#)
- Maccheroni, [Piazza delle Coppelle, 44](#)
- Ristorante Alfredo, [Piazza Augusto Imperatore, 30](#)
- Da Tonino – Trattoria Bassetti, [Via del Governo Vecchio, 18-19](#)
- Ristorante Giulio Passami l'Olio, [Via di Monte Giordano, 28](#)
- Giletto, [Via del Portico d'Ottavia, 21/a](#)
- Matricianella, [Via del Leone, 4](#)
- Vivi Bistrot, [Piazza Navona 2](#)
- Caffè di Sant'Eustachio, [Piazza di S. Eustachio, 82](#)
- Ristorante Moma, [Via di San Basilio, 42](#)

What to see:

- Caravaggio paintings in chiesa San Luigi dei Francesi ([Piazza di S. Luigi dei Francesi](#)), basilica di Sant'Agostino ([Piazza di Sant'Agostino](#)) e Basilica Parrocchiale Santa Maria del Popolo ([Piazza del Popolo, 12](#))
- The painted “fake” Cupola of chiesa di Sant'Ignazio in Campo Marzio ([Via del Caravita 8a](#))
- Borromini's Cupola of Sant'Ivo alla Sapienza ([Corso del Rinascimento, 40](#))
- Borromini's Chiesa di San Carlo alle Quattro Fontane ([Via del Quirinale, 23](#))
- Borromini's forced perspective in Palazzo Spada, ([Piazza Capo di Ferro 13](#))
- Museo Centrale Montemartini ([Via Ostiense, 106](#))
- Piramide Cestia ([Via Raffaele Persichetti](#))

General information:

You can pay everything with credit card, including the metro; you might find taxi drivers and shops that try not to accept such type of payment, although they must accept it.

In a bar you can ask a lot of different type of coffee: in a porcelain cup or in a special glass, with some milk in the cup (warm or cold) or in a glass full of milk, cappuccino with or without cacao, etc. If you wish to have it seated, you should say it immediately because usually it is served by a waiter and it has a different cost. Finally, remember that we have a couple of strict rules: “caffè” refers to an espresso, so if you wish another type of coffee, you should specify it, and cappuccino is a morning only beverage!

We expect this week to be the cooler of the year to be a south Europe city (-1°/11° Celsius), but with the sun shining you can quite probably enjoy your time open air. And if it rains, you will find very easily someone selling umbrellas in the street for 5-10€!